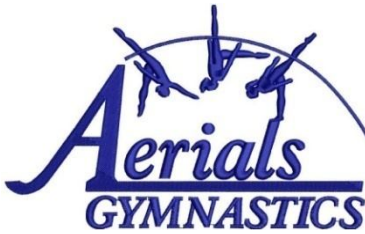


SPRUCE GROVE AERIALS GYMNASTICS CLUB
2008-2009 REGISTRATION INFORMATION
TELEPHONE 962-5350
FAX 962-5349
EMAIL: aerialsgym@telus.net
Website: www.aerialsgymclub.com



2008-2009 CHEER INFO

- For girls aged 6-8 yrs as of May 31, 2008
- Will attend competitions
- September to March
- Saturdays
- See attached calendar for class times

REGISTRATION REQUIREMENTS

- Fees for 25 weeks \$550.50 (monthly payments available)
- Fees include the uniform fee, competition fees and music
- 1 fundraising obligation (\$75.00 credit card deposit)
- **MUST BE AVAILABLE FOR COMPETITIONS ON THE FOLLOWING DATES:**
- **January 31st, March 14th, and March 21st and 22nd**

REGISTRATION POLICIES

- Payment **MUST be paid in FULL** at time of registration
- All classes are subject to minimum and maximum participant numbers and are filled as registrations are received
- Classes may be combined or times changed to accommodate registrations
- A \$25.00 fee will be charged on all NSF or declined payments/deposits
- Fees must be paid out in full after 3 NSF or declined payments before your child/ren will be allowed to attend classes
- Parents/Participants must notify Aerials, in writing, of withdrawal from classes
- Absence does not constitute notification of withdrawal**
- Cheer refunds are determined by amount paid, LESS \$20.00 AGF insurance fee, \$20.00 Administration fee, classes attended and portion of fundraising owed, (if applicable). There will be **no refund** after the first 2 weeks of classes.

PLEASE NOTE:

Receipts will be given at time of payment only. There will be a \$15.00 charge to re-print a receipt.

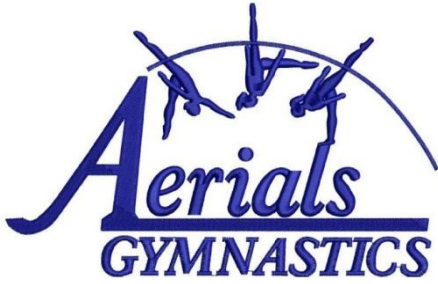
The Alberta Gymnastics Federation fee is separate.

The AGF fee for recreational classes is \$20.00 per child payable once a year beginning in July.

OPEN GYM DROP IN RATES \$5.00 per visit

FUNDRAISING REQUIREMENTS IF APPLICABLE (see fundraising section of info pack for more info)

Fundraising is necessary to keep fees at a reasonable level. Each family (fundraising is per family not per child) in the cheer program **MUST** commit to a **MINIMUM** of one fundraising activity valued at \$75.00. A **\$75.00** credit card imprint or cash deposit is required at time of registration. This is destroyed or returned (cash deposits only) once fundraising commitment is met. Credit card deposits will be returned with **PRIOR** written notice only. Fundraising deposits will be processed **BY THE END** of April if fundraising requirement was not met.



PROGRAM INFORMATION

Welcome to the Spruce Grove Aerials Gymnastics Club. We are looking forward to another exciting season.

We hope you and your children have fun and enjoy participating in this sport.

Periodically, we will have information sheets to send home regarding fundraising as well as upcoming events.

There are a few rules and regulations, so read on and if you have any questions or concerns, please contact Amber Blanchette, Club Manager at 962-5350

The mini cheer team is for girls 6-8 years old. Practices will focus on basic to intermediate motion technique, dance, jumps, stunting and gymnastics skills as well as being a good team member and having fun. **The team will learn a competition routine and will compete in 3 competitions in Edmonton. Because of this it is important that all team members attend all practices and must be available for all competition dates.**

VIEWING POLICY

The Aerials Gym Club has an open door viewing policy. Observers are welcome to watch at all times from the upstairs viewing area. Parents are **not allowed** in the gym at any time due to insurance policies and safety issues. **Please remember to remove your shoes in the boot room before going to the viewing area.**

COMMUNICATION

If you have any payments, fundraising, questions, concerns or comments, please slide it under the Club Manager office door and the appropriate person will get back to you.

MAKE UP CLASSES

There are no make up classes given to any child who cannot attend their scheduled class. There will be no exceptions to this policy.

GYM RULES

1. NO FOOD, GUM OR DRINKS IN THE GYM
2. NO JEWELRY. PLEASE REMOVE PRIOR TO COMING TO THE GYM
3. NO RESTRICTIVE ITEMS SHOULD BE WORN
4. OVERSIZED CLOTHING IS NOT ALLOWED
5. LONG HAIR MUST BE TIED BACK
6. BARE FEET OR INDOOR CHEER SHOES ONLY
7. ALL PARTICIPANTS MUST WAIT IN THE BOOT ROOM, YOUR COACH WILL CALL YOU FROM THERE
8. BE READY FOR CLASS. EVERYONE MUST PARTICIPATE IN WARM UP
9. PARTICIPANTS MUST STAY WITH THEIR GROUP AT ALL TIMES AND MUST ASK THE COACH'S PERMISSION TO GET A DRINK OR TO GO TO THE WASHROOM
10. NO ONE IS ALLOWED IN THE GYM WITHOUT THEIR COACH BEING PRESENT

COACHING STAFF

We are proud of our professional coaching staff. Leanne Livingston will be the Head Coach with assistant coaches to be announced. Leanne has 15 years coaching experience and holds a level 3 Alberta Cheerleading Association Coaching Certificate and a level 2 IASF Cheerleading Certificate. Leanne also has her first aid/ CPR certificate.

DISCIPLINE POLICY

The Discipline Procedure is in place to ensure the safety of all participants. It will follow three steps if necessary.

STEP 1 – Coach will ask the gymnast to change their inappropriate behavior.

STEP 2 – If the gymnast has not changed their behavior, they will be asked to sit out for a short period of time.

STEP 3 – If the behavior still persists, the gymnast will be asked to sit out the remainder of the class, and the parents will be phoned.

If the behavior problem occurs often, the coach will meet with the parents to decide on a viable solution.

If a parent has a question or a concern, please talk to your child's coach first. If the coach cannot help, please contact Amber Blanchette, club manager at 962-5350.

**Please let us know of any problems that you notice.
If we don't know of them, we can't fix them.**

FUNDRAISING (IF APPLICABLE)

BINGO

This is to help those who are unsure of how our sign up system for Bingo works.

Bingo sign up sheets will be posted on the bulletin board in the boot room downstairs on the fundraising board. Once the sign up sheet is full, a waiting list will be posted. Bingo sheets will be taken down ONE WEEK prior to the Bingo date. You have until this time to remove your name. The bingo coordinator will call at this time to remind you of the date and time of your Bingo. The reminder call is a courtesy and it is up to you to keep track of your fundraising obligations. Once the sheet is taken down, IT IS YOUR RESPONSIBILITY TO WORK OR FIND SOMEONE TO WORK FOR YOU. **PLEASE DO NOT CALL THE CLUB AFTER YOUR REMINDER CALL TO SAY YOU CANNOT WORK.** If the bingo coordinator needs to find someone to replace you, **your fundraising deposit will be processed immediately.**

Please plan to be at the Spruce Grove Bingo hall (along the highway, by Wendys) between 11:00-11:15 am for afternoon bingos and between 5:00 and 5:15 PM for evening bingos. If workers are constantly late, we will receive demerits. Enough demerits and our Bingos will be taken from us, which would result in MUCH HIGHER fees for everyone. If you have signed up for a cage position, please ensure you are at the Bingo Hall by 11:00 am for afternoon bingos and by 5:00 pm for evening bingos.

If you do not show up for a Bingo and you do not find a replacement worker, **YOUR DEPOSIT WILL BE PROCESSED IMMEDIATELY EVEN IF YOU ARE WORKING ON A CREDIT.**

Bingos are equivalent to 1 fundraising obligation worth \$75.00.

Bingo is a major fundraiser for this club. Please do your part to enable the running of the Club to go as smoothly as possible.

Thank you for signing up!!

SALES

During each session, we will be having an average of 3 different sales.

Other sales we may be attempting this year are English Bay Cookie Dough, Moms pantry, Home and Gift and Mundare Sausage.

If you choose to do sales it is your responsibility to ensure that all of your fundraising is done by the end of the session. If you are registered for full year you have until the end of the 3rd session to complete your 3 fundraisers. **Please check the fundraising board regularly for fundraising opportunities.**

If you have any questions or concerns, please contact the office and the fundraising coordinator will be happy to help you.

EVENTS AT AERIALS

ANNUAL GENERAL MEETING

PLEASE come out and support your club. Our Annual General meeting is held near the end of May. Meet some other parents and find out about your club. Particulars on the meeting will be posted at the club by the end of April, or you can phone the office as well.

FACILITY RENTALS

You can book your child's party at Aerials. Usually held on Saturday 4:15-6:15pm and Sunday 10-12am, 12-2pm and 2-4pm. You can rent the facility for \$100.00 per 2 hours for up to 13 children. Rentals usually spend the first hour in the gym and the second hour in the party room upstairs. A certified coach is present to do warm up, play games and supervise free time. Please call the office for more info.

SUMMER CAMPS

We have week long summer camps. Half day camps are available for ages 3 and up, and full day camps are available for ages 6 and up. Camps run Monday through Friday all July and August. The full day camps go on a fieldtrip once per week. Watch the club for more info.

CHEER CALENDAR
2008-2009

SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6 1 st class
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

OCTOBER

SUN	MON	TUES	WED	THUR	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11 No class
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27 No class
28	29	30	31			

JANUARY

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31 COMP

FEBRUARY

SUN	MON	TUES	WED	THUR	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14 COMP
15	16	17	18	19	20	21 COMP
22	23	24	25	26	27	28 Last class
29	30	31				

APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

CLASS TIMES – 4:15-5:15 -

- SEPT 6, 13, 20, 27, OCT 4, 18, 25, NOV 1, 8, 15, 22, 29, AND MAR 28.

CLASS TIMES – 4:15-5:45 -

- DEC 6, 13, 20, JAN 3, 10, 17, 24, FEB 7, 14, 21, 28, AND MAR 7.

PLEASE ARRIVE 10 MINUTES BEFORE CLASS TO CHANGE , PUT ON SHOES, ETC.